

Your One-Page Monthly Goal Planner

“What would you attempt to do if you knew you could not fail?”

— Robert H. Schuller —

Your North Star:

This is the long-term thing you’re trying to achieve.

The Three Deliverables

These are the three things you need to do repeatedly this month to make meaningful progress.

Deliverable #1

..... Days Per Week, I Will

.....

Deliverable #2

..... Days Per Week, I Will

.....

Deliverable #3

..... Days Per Week, I Will

.....

Use the below chart to track your deliverables. It’s okay to miss one day — we all slip up — but never miss two commitments in a row!

Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

Once your chart is full, print out a new planner!